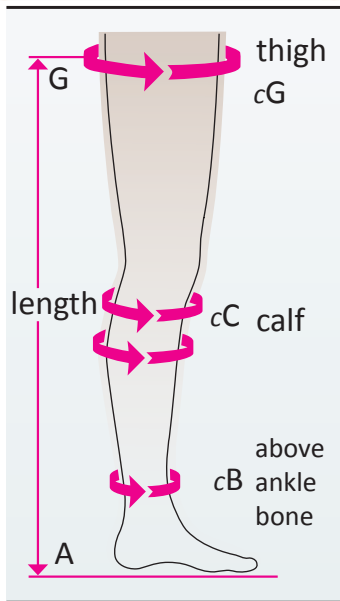


# Measuring Chart (FP10/GP10)

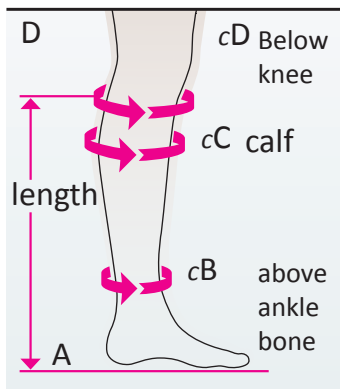
**RAL Compression Class 1** mediven® elegance | mediven® plus | mediven® for men | mediven active

**RAL Compression Class 2** mediven® elegance | mediven® plus | mediven® for men | mediven active

**RAL Compression Class 3** mediven® plus



**Thigh length, thigh with waist attachment**



**Below knee stocking/sock**

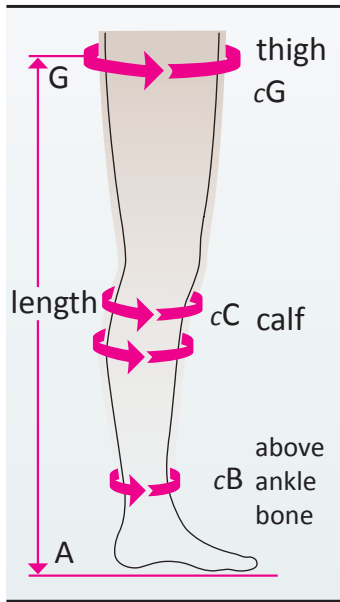
Circumference (cm)		I	II	III	IV	V	VI	VII
<b>Sizes</b>								
Thigh with silicone topband	cG	43-48	45-52	49-56	53-60	56-64	60-68	64-72
Thigh extra wide with silicone topband - <i>only available in beige</i>	cG	49-57	53-62	57-67	61-72	65-77	69-81	73-85
Thigh, thigh with waist attachment & pantyhose/tights	cG	43-57	45-62	49-67	53-72	56-77	60-81	64-85
Below knee	cD	27-33	29-36	32-39	34-42	36-45	38-48	40-50
Calf extra wide - <i>only available in mediven plus below knee</i>	cC	34-38	37-41	40-44	42-46	44-48	46-50	48-52
Calf	cC	28-34	30-37	33-40	35-43	37-46	39-49	41-51
Ankle	cB	18-20	20-22	22-24	24-26	26-28	28-30	30-32

Length (cm)		
Style	Petite	Regular
A-D calf stocking/sock	34-38	39-44
mediven active only A-D calf sock	37-42	43-49
A-G thigh stocking	62-71	72-83
A-T pantyhose/tights (A-panty crotch)	62-71	72-83

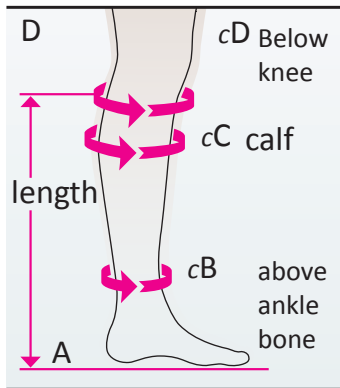
*See tips for measuring on reverse*

# Measuring Chart—Tips for measuring

## Thigh length & below knee garments



### Thigh length, thigh with waist attachment



### Below knee stocking/sock

#### Thigh length garments:

- 1) Measure (B) and (C) as for below knee garments (see below) and take an additional circumference measurement at (G) (thigh at point where top of garment will be).
- 2) Measure the length from the heel to 4 fingers width down from the gluteal fold, this determines whether the patient requires a standard or petite length garment.

#### Example of how to measure:

Circumference B = 24cm, circumference C = 40cm, therefore could be a size III (3) or IV (4):

Circumference (cm)				
Sizes	II	III	IV	V
cC	30-37	33-40	35-43	37-46
cB	20-22	22-24	24-26	26-28

If the measurements fall between two sizes use your clinical judgement for each patient.

#### Below knee garments:

- 1) Measure the circumference at the narrowest part of the ankle (B).
- 2) Measure the circumference at the widest part of the calf (C).
- 3) Measure the length of the limb at the back of the heel (flat on the floor) to a point 2 finger widths down from the knee flexure.

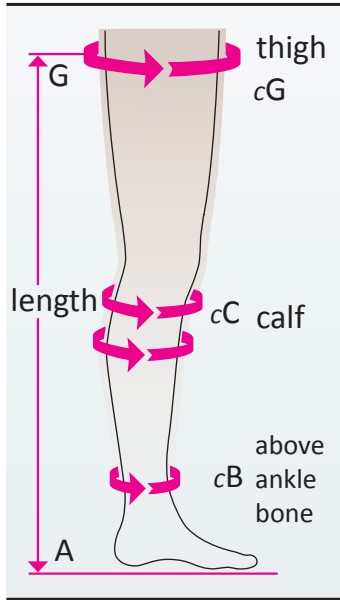
#### Order codes and PIP codes:

Please refer to Formulary Guide or website ([www.mediuk.co.uk](http://www.mediuk.co.uk)) for order and PIP Codes

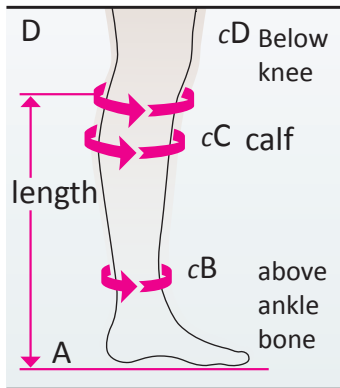
# Measuring Chart (hospital)



**RAL Compression Class 1** mediven® elegance | mediven® plus | mediven® for men | mediven active  
**RAL Compression Class 2** mediven® elegance | mediven® plus | mediven® for men | mediven active  
**RAL Compression Class 3** mediven® plus



**Thigh length, thigh with waist attachment**



**Below knee stocking/sock**

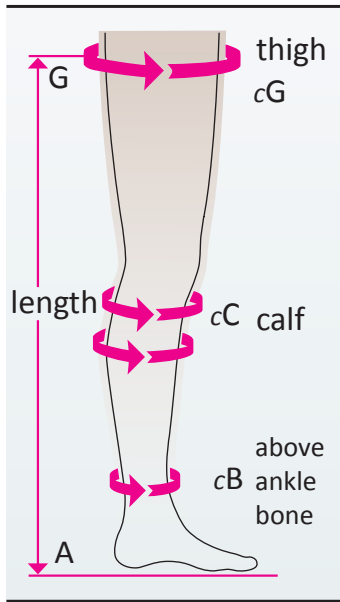
Circumference (cm)		I	II	III	IV	V	VI	VII
<b>Sizes</b>								
Thigh with silicone topband	cG	43-48	45-52	49-56	53-60	56-64	60-68	64-72
Thigh extra wide with silicone topband	cG	49-57	53-62	57-67	61-72	65-77	69-81	73-85
Thigh no silicone topband & pantyhose/tights	cG	43-57	45-62	49-67	53-72	56-77	60-81	64-85
Below knee	cD	27-33	29-36	32-39	34-42	36-45	38-48	40-50
<b>Calf extra wide—only available in mediven plus below knee</b>	cC	34-38	37-41	40-44	42-46	44-48	46-50	48-52
Calf	cC	28-34	30-37	33-40	35-43	37-46	39-49	41-51
Ankle	cB	18-20	20-22	22-24	24-26	26-28	28-30	30-32

Length (cm)		
Style	Petite	Regular
A-D calf stocking/sock	34-38	39-44
mediven active only A-D calf sock	37-42	43-49
A-G thigh stocking	62-71	72-83
A-T pantyhose/tights (A-panty crotch)	62-71	72-83

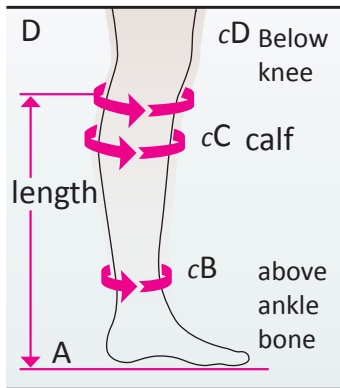
*See tips for measuring on reverse*

# Measuring Chart—Tips for measuring

## Thigh length & below knee garments



### Thigh length, thigh with waist attachment



### Below knee stocking/sock

#### Thigh length garments:

- 1) Measure (B) and (C) as for below knee garments (see below) and take an additional circumference measurement at (G) (thigh at point where top of garment will be).
- 2) Measure the length from the heel to 4 fingers width down from the gluteal fold, this determines whether the patient requires a standard or petite length garment.

#### Example of how to measure:

Circumference B = 24cm, circumference C = 40cm, therefore could be a size III (3) or IV (4):

Circumference (cm)				
Sizes	II	III	IV	V
cC	30-37	33-40	35-43	37-46
cB	20-22	22-24	24-26	26-28

If the measurements fall between two sizes use your clinical judgement for each patient.

#### Below knee garments:

- 1) Measure the circumference at the narrowest part of the ankle (B).
- 2) Measure the circumference at the widest part of the calf (C).
- 3) Measure the length of the limb at the back of the heel (flat on the floor) to a point 2 finger widths down from the knee flexure.

#### Order codes and PIP codes:

Please refer to Formulary Guide or website ([www.mediuk.co.uk](http://www.mediuk.co.uk)) for order and PIP Codes