

protect.ROM telescopic

Fitting instructions for hospital

Universal knee splint with flexion / extension limitation and telescopic length adjustment



Adjust the range of motion of the brace to the prescribed flexion and extension degrees as instructed, by aligning the hole on the clear plastic dial cover with the yellow flexion and extension stop buttons on the outside of the dial.



Open the brace fully as shown and lay behind the patient's leg.



Adjust the length of the arms needed on the thigh and shin sections by unlocking the yellow buttons, extending the side arms and then relocking





Connect the foam pads around the leg starting at the bottom near the ankle and move up the leg. Make sure the dial is level with the patient's knee. Trim away excess foam padding if required.



Adjust the side arm furthest from the holding straps to ensure that both arms are positioned in the middle of the patient's leg and not twisted round to the front or back.



Tighten the holding straps around the foam pads starting near the ankle again.



Check again that the metal arms of the brace are positioned in the middle of the patient's leg and not twisted round to the front or back. Ensure the dial is still level with the patient's knee