Juxta CURES™ is easy to fit, adjust, remove and re-apply

Your clinician will have chosen the correct length and made it into a bespoke device designed for your leg using the measurements taken at the first appointment.

In your Juxta CURES™ pack you will find:
- Juxta CURES™ body and spine
- 2 Comfort™ Leg Liners (worn from the ankle to knee)
- 2 Comfort™ Compression Anklets (worn on the foot)
- Built-In Pressure System™ (BPS™) guide card (5 sided guide card)
- Velcro security tabs (to prevent it from being accidently moved)
- Tape measure
- Clinical and patient instructions
The fitting and adjusting of the Juxta CURES™

Step 1
• Pull the Comfort™ Leg Liner over the leg and any dressings (if the length is past the knee, leave until the Juxta CURES™ has been positioned and anchored, then fold the Comfort™ Leg Liner back down over it)
• Smooth out any creases
• The Comfort™ Anklet can be applied before or after the main body of the Juxta CURES™ has been fitted

Step 2
• You may need to adjust the spine every few days to match the change in leg shape as any swelling reduces. Keep checking the measurements until the swelling settles

Step 3
• Once the spine has been adjusted, apply the garment to your leg with the black material toward the skin

Step 4
• When you are happy where it is positioned – tighten the straps, starting from the bottom and finishing at the top

Step 5
• The BPS™ card has five sides and the one you need to use is dictated by your ankle circumference. We suggest the correct side of the card is marked for you for ease of reference
• The correct side of the card should be aligned with the marks on the lower strap (see picture). First line up the start point ( ), then read the point at which the second line intersects the scale – this will tell you how much pressure is being applied. Adjust the strap until the desired pressure level is showing
• Repeat for the remaining three straps
• Use the BPS™ card to check the pressure levels during the day and adjust the straps if necessary
• It is likely that the volume of your leg will reduce during the day and the straps will need to be adjusted to accommodate this
• If there is a large reduction in the volume of your leg please contact your clinician to re-measure the device and check that the BPS™ card scale matches your new ankle circumference.

Juxta CURES™ has a unique pressure monitoring system. By laying a calibrated card against the two marks on each strap it is possible to measure the amount of pressure (compression) applied to the limb. Your clinician will advise on the correct pressure to be applied – normally 20, 30, 40 or 50mmHg. It is important that the correct level is maintained as this will help to heal your ulcer.
General and practical information

What is a venous leg ulcer?
• An ulcer is a long-lasting (chronic) wound on your leg or foot that takes longer than six weeks to heal. Venous leg ulcers are the most common type of leg ulcer, they mainly occur above the ankle. They usually affect older people and are more commonly found in women. Venous ulcers are caused by the veins not working as well as they should. Venous leg ulcers may be painless but some are painful. Without treatment, an ulcer may become larger.

Why is my leg being treated with a Juxta CURES™?
• The key to the successful management of venous leg ulcers lies in the use of compression therapy. Juxta CURES™ is a venous ulcer compression system that allows you to have compression therapy whilst being able to maintain your normal lifestyle - you can shower, wear shoes, wear your normal trousers and can significantly reduce or eliminate the odour commonly associated with venous leg ulcers.

How do I care for my leg/s whilst wearing the Juxta CURES™?
• The Juxta CURES™ is easy to apply, adjust and remove. This means that you can shower and manage the skin care regime that may have been prescribed by a clinician. Good skin care to the lower leg can help reduce skin irritation and dryness and help maintain the skin in good condition. The ulcer is dressed in a similar way to any other wound and effective compression aids healing.

Signs and symptoms to look out for whilst wearing the Juxta CURES™
• The signs and symptoms you need to look out for are the same for any compression system. Juxta CURES™ should feel firm but not too tight. If you experience pain or discomfort beyond what you may normally experience whilst in compression therapy, or if your toes feel cold and/or numb, release the tension on the straps and remove the foot sock and seek further help from your nurse or doctor.

How do I stop my leg ulcer from recurring?
• Once the wound/s have healed your nurse or doctor will prescribe you RAL compression stockings which will significantly reduce the recurrence of your leg ulcer.
• Mediven RAL compression comes in many sizes, styles and colours so you will be able to find something suitable for your personal preference.
• There are different classes (strengths) of compression stockings – Class 1, 2 and 3. The higher the class the greater the compression and your clinician will prescribe the appropriate compression class for your requirements. Further information is available at www.mediuk.co.uk/compression/lowerlimb

How do I care for the Juxta CURES™?
• Juxta CURES™ is guaranteed for 6 months of daily use. Juxta CURES™, the Comfort™ Leg Liner and Comfort™ Compression Anklet can all be machine washed and tumble dried on a low setting (fold the velcro back on itself and place in a pillow case or something similar to prevent the velcro attaching to other clothing). Do not use bleach or fabric softener when washing the device and its components.
Helpful tips

If you are applying the Juxta CURES™ yourself, inspect your legs every time you remove the device and report any breaks in the skin to your nurse or doctor.

Take care to avoid injury to the legs and feet as these can delay healing.

If you experience any pain or discomfort to the leg or foot, release the tension on the outer layer, remove the foot sock and seek further help from your nurse or doctor.

Keeping your weight within normal limits will help reduce the risk of further leg ulcers.

Keep as active as you possibly can and elevate (raise) your legs when you are resting.

Regular walks are good but do not stand still for long periods.

It is important to wear a well-fitting shoe.

Strap adjustment. If possible adjust two opposing straps at a time – this will allow you to apply pressure without twisting the garment on the leg.

Your clinician may suggest that you have a reduced pressure at night. The reduced level can be checked with the BPS; all four straps should show the same level of compression.
Once your venous leg ulcer has healed ...

Research has shown that once your ulcer has healed mediven RAL compression will significantly reduce your risk of getting another ulcer.

medi offer a wide range of colours, styles and compression classes to meet your needs.

medi help keep your veins and legs healthy!

More Informations?

For further information contact medi UK Ltd. customer service team on 01432 373500 or email enquiries@mediuk.co.uk

Scan the QR Code to take you straight to medi UK’s website.